Dear Parents/Guardians,

6<sup>th</sup> November, 2023

## "Athletics Team (Sprint) Training Class with Additional Exercise"

Our school's Physical Education Department is actively preparing for the Tuen Mun District interschool athletics competition. In order to provide targeted training for students, enhance their running skills and fitness, and prepare them for the competition, we are conducting additional exercise classes in November. The details are as follows:

Session	Date	Training Venue	Assembly Time	Training Time	Dismissal Time	
Training Class with Additional Exercise	13/11(Monday)	Tuen Mun Tang Shiu Kin Sports Ground	3:30 p.m.	3:45 p.m 5:45 p.m.	6:15 p.m.	
Assembly and Dismissal Point	School Lobby					
Transportation	Free (The school will arrange transportation by a coach to and from the school and the training venue)					
Track and Field Coach	Hong Kong Association of Athletics Affiliates Approved Qualified Coach					
Teacher in Charge	Mr. Cheung Ka Chun					
Attire	Wear proper summer school PE uniform					
Remarks	Students will be released at 6:15 p.m					

If you allow your children to participate in the above training class, please sign and return the reply slip to Mr. Cheung Ka Chun.

to Mr. Cheung Ka Chun.			Yours faithfully, Mr. Chan Chun Wah Principal	
	Reply Slip		(22-086E)	
Dear Principal,				
I have read the circular "Athletics Team (S	print) Traini	ng Class with Addition	onal Exercise",	
and $I^* \square$ agree $/ \square$ disagree with my children in participating in the above activity.				
When the activity ends, student will go home from school from the following methods.  I *  allow my children to go home from school by themselves /				
will come to school to pick	up my childr	en in person.		
	Class (	) Student Name:		
	Parent's/C	Guardian's Signature:		
		Contact Number:		
		Date:		

<sup>\*</sup>Please tick ✓ as appropriate.