Dear Parents/Guardians.

1st September, 2022

## **Athletics School Team (Sprint) Training Class**

The school's PE team is now actively organizing an elite athletics school team to enhance students' running techniques and physical fitness through targeted training to prepare for the Tuen Mun District Schools Athletics

| techniques and physical fitness through targeted training, to prepare for the Tuen Mun District Schools Athletics  |   |                |                  |                     |                |  |
|--|---|----------------|------------------|---------------------|----------------|--|
|  | Training Venue  | Date           | Assembly<br>Time | Training<br>Time    | Dismissal Time |  |
| 1st Lesson   |   | 5/9 Monday     |                  |                     |                |  |
| 2 <sup>nd</sup> Lesson   |   | 7/9 Wednesday  |                  |                     |                |  |
| 3 <sup>rd</sup> Lesson   | At school or<br>Tuen Mun Promenade  | 14/9 Wednesday | 2:30p.m.         | 3:00p.m<br>4:30p.m. | 5:00p.m.       |  |
| 4 <sup>th</sup> Lesson   |   | 19/9 Monday    |                  |                     |                |  |
| 5 <sup>th</sup> Lesson   |   | 21/9 Wednesday |                  |                     |                |  |
| 6 <sup>th</sup> Lesson   |   | 26/9 Monday    |                  |                     |                |  |
| 7 <sup>th</sup> Lesson   |   | 28/9 Wednesday |                  |                     |                |  |
| Assembly & Dismissal Venue   | The School  |                |                  |                     |                |  |
| Athletics Coach  | HKAAA Approved Qualified Coach  |                |                  |                     |                |  |
| Teacher in Charge  | Mr. Cheung Ka Chun  |                |                  |                     |                |  |
| Transport  | Taking a travel coach towards Tuen Mun Tang Siu Kin Sports Ground   |                |                  |                     |                |  |
| Attire   | Wear summer PE uniform  |                |                  |                     |                |  |
| Remarks  | <ol> <li>According to the guidance from the EDB:         If students wish to participate in afternoon activities on school days, they are required to have completed 2 doses of COVID-19 vaccines for more than 14 days.         On Saturdays, primary and secondary schools and kindergartens can also arrange students to conduct half-day non-academic extra-curricular activities without students taking their masks off (for example, music, sports activities, school team training, etc.) If the activities require students to take off their masks, the school should only arrange students having received two doses of vaccines for more than 14 days to participate in such activities.     </li> <li>During training, students may take their masks off under the trainer's instructions, students should bring an extra mask for replacement.</li> <li>If the Hong Kong Observatory issues a Strong Wind Signal No. 3 or Red Rain Warning at 6 a.m. on the day of training, the training will be cancelled according to the guidelines of the</li> </ol> |                |                  |                     |                |  |
| Education Bureau, there will be no makeup classes.  If you allow your child to participate in the above training class, please sign and return the reply slip to Mr. |   |                |                  |                     |                |  |

If you allow your child to participate in the above training class, please sign and return the reply slip to Mr. Cheung Ka Chun.

| ×   | Yours faithfully,<br>Mr. Chan Chun Wah<br>Principal |  |  |  |
|---|---|--|--|--|
| Reply Slip  | (22-012E)   |  |  |  |
| Dear Principal,   | ,   |  |  |  |
| I have read the circular "Athletics School Team (Sprint) Training Class", and                 | l * 🔲 agree / 🔲 disagree                            |  |  |  |
| with my child student ( ) in participating in the above activity.                             |   |  |  |  |
| When the activity ends, student will go home by the following methods:                        |   |  |  |  |
| * allow my child to return home by themselves / come to school to                             | pick up my child myself                             |  |  |  |
| This activity requires assistance from parent volunteers, we now invite parents to p          | participate in this activity's                      |  |  |  |
| parents volunteer.  |   |  |  |  |
| I* would like to / am unable to be a parent volunteer of this activity                        | <b>y.</b>   |  |  |  |
| Parent's/Guardian's Signature:  |   |  |  |  |
| Contact Number:   |   |  |  |  |
| *Please tick√ as appropriate. Date: _   |   |  |  |  |
| Note: Class teachers after collecting the circulars, please hand them over to Mr. Cheung Ka C | hun on or   |  |  |  |

before 2<sup>nd</sup> July, 2022.