



Dear Parents/Guardians,

19<sup>th</sup> May 2022

**‘Understanding Adolescence’ Project-Quality Parent Workshop**

This year’s P.4 “Understanding Adolescence” Supplementary Course aims to strengthen students’ social skills and emotional management abilities and enhance their “resilience”. To assist parents with learning more ways to spend time with children and promote parent-child relationship, parents are now invited to log in to your student’s Microsoft Teams account during the designated time to participate in the Quality Parent Workshop organized by the organization responsible. Details are as follows:

Date	Time	Venue	Theme and Content
30-5-2022(Monday)	10:00 a.m.-11:30 a.m.	TEAMS	Teaching and Learning: Increase children’s learning motivation and interest
4-6-2022(Saturday)	10:00 a.m.-11:30 a.m.		My Roly-Poly Child: Increasing children’s resilience
10-6-2022(Friday)	10:00 a.m.-11:30 a.m.		Capricious Child: Cultivate Children with Responsibility
24-6-2022(Friday)	10:00 a.m.-11:30 a.m.		How to build a healthy family: Knowing the sources of pressure, understanding the impact of stress on disciplining children, and learn strategies in dealing with pressure.

If you have any questions, please call 2404 5333 and contact Ms. Lam Wing Yu.

Yours faithfully,  
Mr. Chan Chun Wah  
Principal

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Reply Slip (21-115E)

Dear Principal,

I have understood the circular “‘**Understanding Adolescence’ Project-Quality Parent Workshop**”, and \* would /  would not sign up to participate in the “Understanding Adolescence” Project-Quality Parent Workshop.

If you would like to participate in the parent workshop, please tick the session(s) you will be participating in in the table below (you may choose more than one option).

	Date	Theme and Content
<input type="checkbox"/>	30-5-2022(Monday)	Teaching and Learning: Increase children’s learning motivation and interest
<input type="checkbox"/>	4-6-2022(Saturday)	My Roly-Poly Child: Increasing children’s resilience
<input type="checkbox"/>	10-6-2022(Friday)	Capricious Child: Cultivate Children with Responsibility
<input type="checkbox"/>	24-6-2022(Friday)	How to build a healthy family: Knowing the sources of pressure, understanding the effects of pressure in parenting, and learn strategies in dealing with pressure.

Class ( ) Student Name : \_\_\_\_\_

Parent’s/Guardian’s Signature : \_\_\_\_\_

Parent’s Contact Number : \_\_\_\_\_

Date : \_\_\_\_\_

\*Please tick  as appropriate.